



# MoVeS



## O-Ring TUBE

Using the MoVeS O-Ring Tube for resistive exercise provides positive as well as negative force on the muscles and improves the range of motion, the strength and the cooperation of the muscle groups. The different resistance levels are determined by the thickness of the tube.

The MoVeS O-Ring Tube increases in resistance from yellow to black.



For exercises and more products

[WWW.MOVES-YOU.COM](http://WWW.MOVES-YOU.COM)



  
MVS In Motion  
Westdijk 150  
2830 Tiselt (Willebroek)  
Belgium - Europe  
[www.mvs-in-motion.com](http://www.mvs-in-motion.com)  
Find us on  & 

**UK**  
**CA**   
Qarad UK Ltd.  
8 Northumberland Ave  
Westminster, London WC2N 5BY  
United Kingdom

Made in Malaysia

