



MoVeS



8-Ring TUBE

Using the MoVeS 8-Ring Tube for resistive exercise provides positive as well as negative force on the muscles and improves the range of motion, the strength and the cooperation of the muscle groups. The different resistance levels are determined by the thickness of the tube.

The MoVeS 8-Ring Tube increases in resistance from yellow to black.




For exercises and more products

WWW.MOVES-YOU.COM




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